

NEPAL

Nepal, officially the Federal Democratic Republic of Nepal, is a country located in the heart of the Himalayas. It bordered on the north by the People's Republic of China and south India, which is a country which has no outlet to the sea. It is mainly a mountainous territory, presenting a contrast between north and south, and is popular with hikers and climbers (in Nepal is the Everest seven -called eight thousand) . While the south is presented as a tropical or subtropical climate, with forests and jungles and high humidity, the North can become extremely dry presenting a desert landscape in high mountains.

The main religion of Nepal is Hinduism, but we can also find Buddhists. The official language is Nepali, but others languages are also spoken as there are different peoples living along its territory (the Madhesi, the newa , Magar, Tamang , Gurung, Tharu, the kirat,...) with different customs and traditions together ; Nepal something described as a multicultural, multilingual and secular.

The state of Nepal as we know it today was created under the leadership of Gurkha King Prithvi Narayan in 1978. After 240 years of monarchy in 2008 the Federal Democratic Republic of Nepal was established after years of civil war. Its capital is Katmandhu, and in it the political , economic and financial life of the country is developed. Nepal is today one of the countries in the low development index established by the United Nations and its main source of income in agriculture. However, for some years the Nepalese government has undertaken certain economic reforms that have enabled economic growth.

Before traveling to Nepal, you must consider the following:

Vaccination:

There are no compulsory vaccinations for travel to Nepal ; only vaccination certificate is required from yellow fever to travelers from countries where there is a risk of yellow fever

transmission . However, there are other recommended vaccines such as Hepatitis A and B, typhoid and tetanus.

For more information, it is best to turn to your nearest international vaccination.

Visa:

For vast majority of citizens you do not need to apply for a visa . Nepal to reach a permit will be granted for 90 days as long as the passport is valid for longer than six months will be obtained. You can apply for the visa directly at the airport in Kathmandu (or at the border if you enter by land) . The price of the visa will be paid in cash on arrival . For a visa it is necessary to carry a passport size photograph .

If you thought getting in and out more than once of Nepal (to visit India for example) days you're outside Nepal also count as if you were in the country.

- <http://welcomenepal.com/promotional/travel-essentials/visa-information/>
- <http://www.nepalimmigration.gov.np/>

Weather:

Despite not being a big country, Nepal has great contrasts between the north and the south (comprising 147,181 km²). Geographically Nepal is divided into three main areas: the area of high mountains to the north (where it is the heart of the Himalayas, Everest and six of the ten highest peaks in the world); Hills region (less elevated than the area of mountains and location of Kathmandu); and the plain of Terai (tropical and subtropical climate, where there are dense forests and rich farmland, is famous for its heat and humidity).

Like India, Nepal is also a country that is affected by the June to September monsoon rains; yet in the high mountain regions (from 4000 meters) rains are not very common. The downtown area of the country (the region of the hills) yes that receives monsoon rains and rains that characterize the mountain climate. In the south, as already mentioned above, it is characterized by a tropical climate where the forests abound, plains and rivers.

Currency:

The currency of Nepal is the Nepalese rupee ; currently circulating coins are 1 , 5, 10 , 25 and 50 paisa (such as cents) and 1, 2 , 5 and 10 rupees. As for tickets, about 1.2 , 5, 10 , 20 , 50 , 100 , 500 and 1000 Rs . The best option is to travel with euros and change once you get there , either in the airport or at a money exchange in the city.

<http://www.xe.com/ucc/es/>